



Food and Nutrition Information Center
National Agricultural Library/USDA
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Infant Nutrition and Feeding Resource List July 2006

This publication is a collection of resources on the topic of infant nutrition and feeding. Resources include books, pamphlets and audiovisuals and are limited to those published in 2000 or later. Many of the pamphlets are available in single copies and some may also be purchased in bulk from the organization listed (Web addresses are provided for materials available online). The books and audiovisuals can be either borrowed from your local library or purchased from your local book store.

Materials may also be available to borrow from the National Agricultural Library (NAL) collection. Lending and copy service information is provided at the end of this document. If you are not eligible for direct borrowing privileges, check with your local library on how to borrow through interlibrary loan. Materials cannot be purchased from NAL. Contact information is provided for the publisher/producer if you wish to purchase any materials on this list.

This Resource List is available from the Food and Nutrition Information Center's (FNIC) Web site at: http://www.nal.usda.gov/fnic/resource_lists.shtml.

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I. Books

A. Breastfeeding

Breastfeeding 101: A Step-by-Step Guide to Successfully Nursing Your Baby, 2nd Edition

Sue Tiller, RN, IBCLC

Centreville, VA: TLC Publishing, 2005. 96 pp.

ISBN: 0972151710

Description: Describes issues that a breastfeeding mother may face and includes a feeding and diaper log.

Breastfeeding and Human Lactation, 3rd Edition

Jan Riordan and Kathleen G. Auerbach

Sudbury, MA: Jones and Bartlett Publishers, 2005. 819 pp.

ISBN: 0763745855

Description: Contains resources for nurses, lactation consultants, childbirth educators, dietitians and other professionals who provide direct service to breastfeeding women.

The Breastfeeding Answer Book, 3rd Edition

Nancy Mohrbacher, IBCLC and Julie Stock, MA, IBCLC

Schaumburg, Illinois: La Leche League International, 2003. 720 pp.

ISBN: 0912500921

Description: Provides guidance to medical and non-medical breastfeeding counselors. Includes resources for the professional to share with parents.

Breastfeeding: Keep it Simple

Amy Spangler, MN, RN, IBCLC

Atlanta, GA: Amy's Baby Company, 2004. 85 pp.

ISBN: 0972998845

Description: Presents breastfeeding guidance to women in a question and answer format. Includes resources for more information.

New Mother's Guide to Breastfeeding

Joan Younger Meek, MD, MS, RD, FAAP, IBCLC and Sherill Tippins

Elk Grove Village, IL: American Academy of Pediatrics, 2002. 272 pp.

ISBN: 0553381075

Description: Provides benefits of breastfeeding, as well as information on preparing to breastfeed. Also highlights the father's role in breastfeeding and weaning.

The Nursing Mother's Companion, 5th Edition

Kathleen Huggins, RN, MS

Boston, MA: Harvard Common Press, 2005. 336 pp.

ISBN: 1558323031

Description: Includes instruction on how to breastfeed. Illustrations are provided for additional guidance.

Why Should I Nurse My Baby? And Other Questions Mothers Ask About Breastfeeding

Pamela Wiggins, IBCLC

Franklin, VA: L.A. Publishing, 2004. 64 pp.

ISBN: 0962352977

Description: Discusses the benefits of breastfeeding as well as includes guidance and tips for the breastfeeding mom.

B. General Nutrition

Caring for Your Baby and Young Children: Birth to Age 5, 4th Edition

Elk Grove Village, IL: American Academy of Pediatrics, 2004. 784 pp.

ISBN: 055338290X

Description: Highlights topics related to infant and child care. A step-by-step guide to baby and child care is provided.

Complete Idiot's Guide to Feeding Your Baby & Toddler

Elizabeth M. Ward, MS, RD

New York, NY: Penguin Group, 2005. 336 pp.

ISBN: 1592574114

Description: Provides guidance for parents on health and nutrition. Topics include: weaning babies from soft foods to more solid foods, food allergies, feeding a vegetarian child and recipes.

Fit Kids (KidsHealth Series)

Mary Gaven, MD and Steven Dowshen, MD

New York, NY: Dorling Kindersley Publishing Inc., 2004. 208 pp.

ISBN: 0756603498

Description: Presents resources on nutrition and physical activity for children from infancy through adolescence. Includes recipes.

Handbook of Pediatric Nutrition, 3rd Edition

Patricia Queen Samour, MMSc, RD and Kathy King, RD, LD

Sadbury, MA: Jones and Bartlett Publishers, 2005. 750 pp.

ISBN: 0763783560

Description: Covers aspects of clinical research, accepted practice protocols, and study of the normal child from preconception through adolescence.

Healthy Mothers, Healthy Babies' Prenatal and Infant Care Baby Book

Olympia, WA: Washington State Department of Health, 2005. 100 pp.

Description: Discusses prenatal and infant health messages. Reading level of the text is below 6th grade level.

Nutrition in Infancy and Childhood, 7th Edition

Christine M. Trahms

New York, NY: McGraw-Hill, 2001. 480 pp.

ISBN: 0072288132

Description: Discusses the development of food patterns, behavioral techniques and several special needs situations in infancy and childhood.

Pediatric Nutrition Handbook, 5th Edition

Ronald Kleinman, MD

Elk Grove Village, IL: American Academy of Pediatrics, 2004. 833 pp.

ISBN: 1581101090

Description: Provides practicing clinicians with evidence-based guidance on childhood nutrition issues.

Your Pregnancy Quick Guide: Feeding Your Baby in the First Year

Glade B. Curtis, MD, MPH and Judith Schuler, MS

Cambridge, MA: Da Capo Press, 2004. 183 pp.

ISBN: 0738209686

Description: Explains breastfeeding, bottle-feeding and the introduction of solid foods. Includes section on problems and solutions related to feeding.

*C. Vegetarian Nutrition***Raising Vegetarian Children**

Joanne Stepaniak, MEd and Vesanto Melina, MS, RD

New York, NY: McGraw-Hill, 2003. 300 pp.

ISBN: 0658021559

Description: Provides tips for nursing moms and nutritional guidance for infancy to adolescence.

Vegetarian Pregnancy and Baby Book

Amanda Grant

London, Great Britain: Mitchell Beazley, 2005. 128 pp.

ISBN: 1845330838

Description: Presents guidance for a vegetarian diet during pregnancy, breastfeeding and weaning. Includes recipes. Nutrient and health recommendations are provided by the United Kingdom Department of Health.

II. Pamphlets/Brochures/Fact Sheets

A. *Breastfeeding*

Breastfeeding, Baby's Best Start (English and Spanish)

WithinReach

Web site: <http://www.hmhbwa.org/pdfs/BestStart.pdf>

Description: Provides information on the benefits of breastfeeding as well as breastmilk storage guidelines.

Ordering Information:

WithinReach

11000 Lake City Way, NE Suite 301

Seattle, WA 98125

Online ordering: <http://www.hmhbwa.org/forprof/materials/home.htm>

Breastfeeding Give Your Baby a Healthy Start

Channing Bete Company, Inc.

Description: Highlights breastfeeding basics. Explains benefits of breastfeeding, offers self-care tips for nursing mothers and lists sources for assistance.

Ordering Information:

Channing Bete Company, Inc.

One Community Place

South Deerfield, MA 01373-0200

Phone: 800-477-4776

Email: custsvcs@channing-bete.com

Online ordering: <http://store.channing-bete.com/onlinestore/store.html?cid=2716&vid=20050104004>

Breastfeeding Pamphlets

Hale Publishing

Web site: http://www.ibreastfeeding.com/html/pamphlets_free.html

Description: Provides guidance to new mothers on issues related to breastfeeding including nutrition needs, working, traveling and medications. Available in electronic format only.

An Easy Guide to Breastfeeding

U.S. Department of Health and Human Services, Office of Women's Health

Web site: <http://www.4woman.gov/pub/BF.General.pdf>

Description: Presents information to women on breastfeeding. Explains the benefits for baby, mother and society, and also provides frequently asked questions. Available in electronic format only.

An Instructional Guide to Giving Your Baby the Best (English and Spanish)

Texas Department of State Health Services

Web site: <http://www.dshs.state.tx.us/wichd/bf/pdf/13-06-10954.pdf>

Description: Discusses signs of infant hunger and fullness. Provides guidance on growth and development.

Ordering Information:

Texas Department of State Health Services, WIC Nutrition

Attn: Publications Coordinator

Nutrition Services - WIC

1100 W. 49th St., Room M-260

Austin, TX 78756

Fax: 512-458-7445

Online ordering: <http://www.dshs.state.tx.us/wichd/gi/pdf/materials.pdf>

Preparing and Storing Breastmilk: Tips for Childcare Providers

Rhode Island Department of Health

Web site: <http://www.health.ri.gov/family/breastfeeding/breastmilkstorage.pdf>

Description: Includes tips on storing breastmilk and strategies for feeding. Available in electronic format only.

B. Complimentary Foods

I'm Ready: Feeding Family Foods to Your Baby

Washington State Department of Health, Health Education Resource Exchange

Web site: http://www.nal.usda.gov/wicworks/Sharing_Center/WA/intro_foods.pdf

Description: Presents guidance for starting infants on family foods from the table.

Ordering Information:

Department of Health Warehouse

P.O. Box 47845

Olympia, WA 98504

Phone: 360-236-3736

Fax: 360-664-2929

Online ordering: <http://www3.doh.wa.gov/HERE/materials/hedcatalog.html>

Starting Solids: Nutrition Guide for Infants and Children 6-18 Months of Age

International Food Information Council

Web site: <http://www.ific.org/publications/brochures/upload/startingsolids1-05.pdf>

Description: Provides information on feeding a baby from six to eighteen months of age. Includes a feeding timeline and information on what to do if an infant begins choking.

Ordering Information:

International Food Information Council (IFIC)

1100 Connecticut Avenue, NW Suite 430

Washington, DC 20036

Phone: 202-296-6540

Email: foodinfo@ific.org

Online ordering: <http://www.ific.org/publications/orderform.cfm>

Tips for Introducing Solid Foods to Your Baby: Feeding Your Baby from 4 to 6 Months

Rhode Island Department of Health

Web site: http://www.nal.usda.gov/wicworks/Sharing_Center/RI/4-6mos_foodguide.pdf

Description: Provides information on how to know when your baby is ready for solid foods and tips on foods to start with and/or avoid. Available in electronic format only.

C. General Nutrition

Feeding Infants: A Guide for Use in the Child Nutrition Programs

United States Department of Agriculture, Food and Nutrition Service, Team Nutrition

Web site: http://www.fns.usda.gov/tn/Resources/feeding_infants.pdf

Description: Discusses nutrition for infants, preventing tooth decay, introducing solid foods, safe food handling and baby food. Available in electronic format only.

Feeding Our Youngest: Birth to Twelve Months

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

Web site: <http://www.oznet.ksu.edu/library/fntr2/pk10.pdf>

Description: Provides nutrition and feeding information in one month increments. Discusses breastfeeding, formula feeding, complementary foods, tooth care and weaning. Available in electronic format only.

Feeding Your Baby (English and Spanish)

Nutrition Graphics

Description: Lists guidelines for infant development and basic diet needs.

Ordering Information:

Nutrition Graphics

PO Box 276264

Sacramento, CA 95827-6264

Phone: 916-363-2006

Fax: 916-363-2120

Online ordering:

http://www.nutritiongraphicscatalog.com/cart/product_info.php?products_id=32

Feeding Your Baby 6-12 Months (English and Spanish)

Washington State Department of Health, Health Education Resource Exchange

Web site: http://www3.doh.wa.gov/here/materials/PDFs/15_WIC6to12_E04L.pdf

Description: Provides guidelines for introducing foods to the older baby, including appropriate foods based on age and developmental readiness.

Ordering Information:

Department of Health Warehouse

P.O. Box 47845

Olympia, WA 98504

Phone: 360-236-3736

Fax: 360-664-2929

Online ordering: <http://www3.doh.wa.gov/HERE/materials/hedcatalog.html>

Feeding Your Baby Birth to 8 Months (English and Spanish)

Washington State Department of Health, Health Education Resource Exchange

Web site: http://www3.doh.wa.gov/here/materials/PDFs/15_WIC0to8_E04L.pdf

Description: Presents guidelines for introducing foods to infants in relation to developmental capabilities. Additional information provided about food safety and foods that cause allergic reactions.

Ordering Information:

Department of Health Warehouse

P.O. Box 47845

Olympia, WA 98504

Phone: 360-236-3736

Fax: 360-664-2929

Online ordering: <http://www3.doh.wa.gov/HERE/materials/hedcatalog.html>

Feeding Your Baby Birth to Age 2: A Parent's Handbook (English and Spanish)

Channing Bete Company, Inc.

Description: Advises parents on baby's nutritional needs and special issues, such as breastfeeding and weaning.

Ordering Information:

Channing Bete Company, Inc.

One Community Place

South Deerfield, MA 01373-0200

Phone: 800-477-4776

Email: custsvcs@channing-bete.com

Online ordering: <http://store.channing-bete.com/onlinestore/store.html?cid=2716&vid=20050104004>

Feeding Your Baby the First Year

Cooperative Extension Service, College of Agriculture and Home Economics – New Mexico State University

Web site: http://cahe.nmsu.edu/pubs/_e/E-135.pdf

Description: Provides guidance on feeding for the first year according to the infant's growth. Also provides food safety information.

Feeding Your Baby with Breast Milk or Formula

Department of Health and Human Services, Food and Drug Administration

Web site: <http://www.fda.gov/opacom/lowlit/feedbby.pdf>

Description: Comparison of infant formula and breast milk. Includes the benefits of breast feeding and tips for success in both breastfeeding and formula feeding.

The First 12 Months: A Guide to Infant Feeding

South Carolina Office of Public Health and Environmental Control

Web site:

http://www.nal.usda.gov/wicworks/Sharing_Center/SC/first_12_months_SC.pdf

Description: Provides infant feeding guidance and describes food to avoid and tips on reading food labels. Available in electronic format only.

Help Me Be Healthy Series

Help Me Be Healthy

Web site: http://www.nal.usda.gov/wicworks/Sharing_Center/statedev_helpme.html

Description: Offers guidance on child health and nutrition issues from birth through 5 years of age.

Ordering Information:

Monica Johnson

Crabtree and Company, Inc.

200 Park Avenue

Falls Church, Virginia 22046

Phone: 888-531-9001

Email: info@helpmebehealthy.net

Online ordering: <http://www.helpmebehealthy.net/html/order.html>

Infant Feeding Guide: The First Twelve Months (English and Spanish)

Hispanic Health Council, Inc.

Web site: <http://www.hispanichealth.com/ifg.pdf>

Description: Includes nutrition advice for postpartum women, infant feeding tips by age, guidance on making your own baby food, and food safety tips.

Ordering Information:

Lisa Phillips

CT Family Nutrition Program Dept. of NUSC, U-17

Storrs, CT 06269

Phone: 860-486-3635

Email: lphillip@canr.uconn.edu

Infant Nutrition: What You Should Know

Channing Bete Company, Inc.

Description: Provides information for parents and expectant parents on infant feeding methods including breastfeeding, bottle feeding and feeding solid foods.

Ordering Information:

Channing Bete Company, Inc.

One Community Place

South Deerfield, MA 01373-0200

Phone: 800-477-4776

Email: custsvcs@channing-bete.com

Online ordering: <http://store.channing-bete.com/onlinestore/store.html?cid=2716&vid=20050104004>

Making Your Own Baby Food

University of Maine Cooperative Extension

Web site: <http://www.umext.maine.edu/onlinepubs/PDFpubs/4309.pdf>

Description: Provides information about what foods to include and avoid, what equipment to use and how to prepare food safely. Includes recipes.

Ordering Information:

UMaine Extension Publications Distribution Center

5741 Libby Hall Room 114

Orono, ME 04469-5741

Phone: 207-581-3792

Online ordering:

http://extensionpubs.umext.maine.edu/ePOS/this_category=58&store=413&item_number=4309&form=shared3/gm/detail.html&design=413

Preparing Formula for Your Baby

Rhode Island Department of Health

Web site: http://nal.usda.gov/wicworks/Sharing_Center/RI/formula_foodguide.pdf

Description: Provides guidance and safety tips for preparing and storing powder and liquid concentrate infant formula. Available in electronic format only.

Ready, Set, Feed Me! Breastfeeding Your Baby in the First Year

NCES, Gayle L. Lopez, RD

Description: Discusses when to offer certain foods to babies and amounts to offer according to age.

Ordering Information

Phone: 877-623-7266

Fax: 800-251-9349

Online ordering: <http://www.ncescatalog.com/shopexd.asp?id=80>

Your Baby's First Year - The ABC's of Infant Care

Channing Bete Company, Inc.

Description: Includes a guide to growth and development of a baby during the early, middle and later months of the first year.

Ordering Information:

Channing Bete Company, Inc.

One Community Place

South Deerfield, MA 01373-0200

Phone: 800-477-4776

Email: custsvcs@channing-bete.com

Online ordering: <http://store.channing-bete.com/onlinestore/store.html?cid=2716&vid=20050104004>

D. Oral Health**A Healthy Mouth for Your Baby (English and Spanish)**

U.S. Department Of Health and Human Services

National Institute of Dental and Craniofacial Research

Web site: <http://www.nidcr.nih.gov/NR/rdonlyres/B873F673-3FD3-463C-A2E5-3FAA9777FAB2/3569/healthymouth.pdf>

Description: Provides an overview of how to protect a baby's teeth and prevent early childhood caries.

Ordering Information:

National Oral Health Information Clearinghouse

1 NOHIC Way

Bethesda MD, 20892-3500

Phone: 301-402-7364 (English) or 301-496-6706 (Spanish)

Email: nohic@nidcr.nih.gov

Online ordering: <https://ice.iqsolutions.com/nohic/Pubsorder/>

Brush Up on Healthy Teeth: Simple Steps for Kids' Smiles (English and Spanish)

Center for Disease Control and Prevention

Web site: <http://www.cdc.gov/oralhealth/pdfs/BrushUpPoster.pdf>

Description: Provides helpful tips for parents to follow to ensure the care of their child's teeth.

Ordering Information:

Email: brushup@cdc.gov

Caring for Your Child's Teeth

Channing Bete Company, Inc.

Description: Presents information on dental hygiene for children, including tips on proper brushing, flossing, and what to expect from the first dental checkup. Also discusses the importance of baby dental care - even before the teeth come in.

Ordering Information:

Channing Bete Company, Inc.

One Community Place

South Deerfield, MA 01373-0200

Phone: 800-477-4776

Email: custsvcs@channing-bete.com

Online ordering: <http://store.channing-bete.com/onlinestore/storeitem.html?vid=20050104004&iid=164610&lang=0&pcode>

Taking Care of Your Child's Teeth (English and Spanish)

WithinReach

Web site: http://www.hmhbwa.org/forfamilies/dental_health/printer.children.htm

Description: Discusses the causes of tooth decay and how to prevent it in babies and young children.

Ordering Information:

WithinReach

11000 Lake City Way, NE Suite 301

Seattle, WA 98125

Online ordering: <http://www.hmhbwa.org/forprof/materials/home.htm>

E. Vegetarian Nutrition**Vegan Nutrition in Pregnancy and Childhood**

Reed Mangels, PhD, RD and Katie Kavanagh-Prochaska, Dietetic Intern

Vegetarian Resource Group

Web site: <http://www.vrg.org/nutrition/pregnancy.htm>

Description: Summary of considerations for the vegan diet during pregnancy, breastfeeding and childhood. Includes nutrient needs and meal planning tips. Available in electronic format only.

Vegetarianism

Nemours Foundation

Web site: http://kidshealth.org/parent/nutrition_fit/nutrition/vegetarianism.html

Description: Presents information on the types of vegetarian diets and guidance on managing the vegetarian infant and toddler. Available in electronic format only.

III. Audiovisuals

A. Breastfeeding

A Mother's Gift (English and Spanish)

Texas Department of State Health Services, WIC Nutrition, 2004

Videocassette (13 min.) (VHS)

Description: Discusses the emotional benefits of breastfeeding. Mothers encourage new mothers to give breastfeeding a try.

Ordering Information:

Allied Vaughn

350 E. Royal Lane # 111

Irving, TX 75039

Phone: 800-486-1539

Email: debi.anoatubb@alliedvaughn.co

A Mother's Guide to Breastfeeding (English and Spanish)

Texas Department of State Health Services, WIC Nutrition, 2000

Videocassette (English 15 min., Spanish 17 min.) (VHS)

Description: Provides tips and guidance on breastfeeding.

Ordering Information:

Allied Vaughn

350 E. Royal Lane # 111

Irving, TX 75039

Phone: 800-486-1539

Email: debi.anoatubb@alliedvaughn.co

Breastfeeding Basics: From Birth to 1 Year (English and Spanish)

KNB Productions, 2002

Videocassette (13 min.) (VHS)

Description: Includes advice on breastfeeding positions, expectations and milk production and storage. Also discusses healthy eating during breastfeeding.

Ordering Information:

United Learning

1560 Sherman Ave. Suite 100

Evanston, IL 60201

Phone: 800-323-9084

Email: info@unitedlearning.com

Online ordering: <http://www.unitedlearning.com/>

To Baby with Love: Overcoming Breastfeeding Barriers (English and Spanish)

Texas Department of State Health Services, WIC Nutrition, 2004

Videocassette (15 min.) (VHS)

Description: Discusses common breastfeeding barriers (pain, milk supply, lack of family support and breastfeeding in public) and how these barriers can be overcome.

Ordering Information:

Allied Vaughn

350 E. Royal Lane # 111

Irving, TX 75039

Phone: 800-486-1539

Email: debi.anoatubb@alliedvaughn.co

B. Complimentary Foods

Baby's First Spoonful: Tips for Starting Solids (English and Spanish)

Liz Weiss MS, RD, Lemon-Aid Films, 2001

Videocassette (11 min.) (VHS)

Description: Provides guidance on how and when to introduce solid foods to your baby.

Ordering Information:

Lemon-Aid Films

85 Rangway Road

North Billerica, MA 01862

Phone: 888-932-6565

Email: lizweiss@aol.com

Online ordering: <http://www.nutritionvideos.com/>

Starting Solid Foods: Lily Helps Ana (English and Spanish)

United Learning, 2000

Videocassette (13 min.) (VHS)

Description: Discusses introducing solid foods through the experience of a new mom.

Ordering Information:

United Learning

1560 Sherman Ave. Suite 100

Evanston, IL 60201

Phone: 800-323-9084

Email: info@unitedlearning.com

Online ordering: <http://www.unitedlearning.com/>

C. General Nutrition

Childhood Nutrition: Preventing Obesity: Volume 1, Feeding Your Baby (Birth - 1) (English and Spanish)

InJoy Videos, 2005

Videocassette (19 min.) (VHS) DVD (19 min.)

Description: Provides nutrition and feeding guidance for parents of newborns and infants.

Ordering Information:

InJoy Videos

7107 La Vista Place

Longmont, CO 80503

Phone: 800-326-2082

Online ordering: <http://www.injoyvideos.com/>

Feeding Your Baby: 8-12 Months

Texas Department of Health, 2000

Videocassette (30 min.) (VHS)

Description: Discusses feeding 8-12 month old infants. Developmental feeding cues and challenges of feeding are highlighted.

Ordering Information:

Allied Vaughn

350 E. Royal Lane # 111

Irving, TX 75039

Phone: 800-486-1539

Email: debi.anoatubb@alliedvaughn.co

Healthy Eating: Nutrition for Infants and Children Under 6

Brian Peterson and Lina Ingraham, Kidsafety of America, 2001

Videocassette (30 min.) (VHS) DVD (30 min.)

Description: Focuses on the nutritional needs of infants and children.

Ordering Information:

Kidsafety of America

6251 Schaefer Avenue Suite "B"

Chino, CA 91710

Phone: 800-524-1156

Online ordering: <http://www.kidsafetystore.com/>

IV. National Contacts

American Academy of Pediatric Dentistry

211 East Chicago Avenue, Suite 700

Chicago, IL 60611

Phone: 312-337-2169

Web site: <http://www.aapd.org/>

American Academy of Pediatrics

141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
Phone: 847-434-4000

Web site: <http://www.aap.org/visit/contact.htm>

American Dietetic Association

120 South Riverside Plaza, Suite 2000
Chicago, Illinois 60606-6995
Phone: 800-877-1600

Web site: <http://www.eatright.org>

Food and Drug Administration

5600 Fishers Lane
Rockville MD 20857-0001
Phone: 888-INFO-FDA (888-463-6332)

Web site: <http://www.fda.gov/>

International Lactation Consultants Association

1500 Sunday Drive, Suite 102
Raleigh, NC 27607
Phone: 919-861-5577

Web site: <http://www.ilca.org/>

La Leche League International

1400 N. Meacham Road,
Schaumburg, IL 60173
Phone: 847-519-7730

Web site: <http://www.lalecheleague.org/>

March of Dimes

1275 Mamaroneck Ave
White Plains, NY 10605
Phone: 914-997-4488

Web site: <http://www.marchofdimes.com/>

Maternal and Child Health Bureau

Parklawn Building Room 18-05
5600 Fishers Lane
Rockville, Maryland 20857
Phone: 301-443-2170

Web site: <http://mchb.hrsa.gov/>

National Healthy Mothers, Healthy Babies Coalition

121 North Washington Street, Suite 300

Alexandria, VA 22314

Phone: 703-836-6110

Web site: <http://www.hmhb.org/>

National Institute of Child Health and Human Development

Bldg 31, Room 2A32, MSC 2425

31 Center Drive

Bethesda, MD 20892-2425

Phone: 800-370-2943

Web site: <http://www.nichd.nih.gov/default.htm>

National Maternal and Child Health Clearinghouse

2070 Chain Bridge Road, Suite 450

Vienna, VA 22182

Phone: 703-821-8955

Toll-free Phone: 888-434-4MCH

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

Food and Nutrition Service, USDA

3101 Park Center Drive

Alexandria, VA 22302

Phone: 703-305-2746

Web site: <http://www.fns.usda.gov/wic/>

United States Breastfeeding Committee

2025 M Street, NW, Suite 800

Washington, DC 20036

Phone: 202-367-1132

Web site: <http://usbreastfeeding.org/>

This resource list was compiled by:

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TTY: 301-504-6856
Email: <http://www.nal.usda.gov/fnic/contact.shtml>
Web site: <http://www.nal.usda.gov/fnic>

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